



## Aim:

Cerner asked us to help them build social and emotional intelligence, communication and body language skills within their organisation. We did this by developing personal insight, awareness and perspectives.

## Solution: workshops

For the past 9 years, we have happily delivered monthly webinars for Cerner staff around the world.

## Feedback:

*I think LifeClubs is a great way for the associates to take care of themselves and explore their own needs. I feel like the host manages to create a very intimate space where all kind of thoughts and ideas are allowed. It makes the experience very special, and it changes from the routine.*

**Cerner associate**

*After each workshop I feel very relaxed and good about myself and more in control of my priorities - a good reminder that we need to balance the hectic work days with time to talk about some of the softer elements of our day to day work. Worth checking out!*

**Cerner executive**